

The 5 Finger Prayer



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1. Your thumb is nearest to you...so begin your prayers by praying for those closest to you--family and friends.
2. Next is the pointer finger. Pray for those who teach, instruct and heal. This includes teachers, doctors and ministers.
3. The middle finger is the tallest finger. It reminds us of our leaders. Pray for government officials, administrators, and leaders in business and industry.
4. Our ring finger is our weakest finger. It should remind us to pray for those who are struggling, feel weak or are in need.
5. And lastly comes the pinky, the smallest finger of all, which should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs in a good perspective.

